

SYLT KALE

SHOPPING LIST

- 2 kg Kale . fresh
- 1 Vegetable onion
- 2 kg Kassler back
- 6 Cabbage sausages
- 1 Pork cheek . smoked
- 0,25 kg Pork lard
- 2 l Poultry or vegetable stock
- 1,5 kg Kale potatoes
- 100 g Breakfast bacon

- Oat flakes
- Mustard . medium hot
- Salt & pepper . from the mill
- Sugar
- Caraway
- Caraway schnapps